Dance Youth Level 2 Advancement (ages 6 - 9)

Students will likely be in Level 1 for **at least one year** before meeting the below criteria for level 2. Dance students will not advance the same way as other departments at MSC. Level 2 classes have higher standards for behavior and technique so that all students can be challenged and have fun!

Ballet

- Forward Bend (within 6in)
- R + L Splits Prep (within 6in)
- 1st position Releve (5 sec)
- 5 positions with arms
- Battement (front and back)
- Bourree
- Glissade (in first)
- Changement
- Grand Echappe
- Tendu en croix (R + L)
- Ron de jambe (R +L)
- Pirouette Prep
- Chasse
- Grand Jete
- Chaine (with spotting)

Jazz

- Forward Bend (within 6in)
- R + L Splits Prep (within 6in)
- Parallel Releve (5 sec)
- Isolations
- Battement (front and back)
- Pas de Bourree
- Pivot Turn
- Lindy
- Cross Ball change
- 3 Step Turn
- Pirouette Prep
- Chasse switch
- Grand Jete
- Chaine (with spotting)

Musical Theater

- Battement (all 3 directions)
- Jazz Square
- Pas De Bourree
- Kick Ball Change
- Pivot Turn
- 3 Step Turn
- Grapevine
- Lindy
- Charleston (basic)
- Flea Hop
- Sugar
- Crazy Legs
- Acting Skills

Tap

- Double Time heel and toe drops
- Single foot heel and toe drops
- Heel Toe walks
- Caterpillar Crawls
- Cramp Roll
- Paradiddle
- Shuffle Step
- Single Foot Shuffles (8)
- Flap
- Two Step (flap ball change traveling)
- Irish
- Buffalo
- Maxi Ford

Hip Hop

- Isolations
- Grooves (musicality)
- Box Step
- Pas de bourree
- Kick ball change
- Kick out step
- Top Rock (front and back)
- Over Unders
- Skateboards
- 6 Step
- Basic Lock
- Single arm whack
- Loose Legs

Acrobatics

- Forward Bend (within 6in)
- R + L Splits Prep (within 6in)
- Push Ups (10)
- Sit-ups (10)
- King Cobra Pose (within 6in)
- Baby Scorpion (5 sec)
- Forward Roll
- Backward Roll
- L Handstand
- Cartwheel (R + L)
- Crabwalk (length of mat)
- Bridge (10 sec)
- Teddy Bear Stand
- Shoulderstand

Behavior

- Focus Level - Work Ethic- Listening Skills - Commitment to practice -