

## MSC Youth Level 2 Advancement Requirements

Youth Level 2 classes will move more quickly through base level skills to introduce more difficult concepts. Since the focus will be on applying basics to new skills, we will test the following skills in order to determine whether or not a child is ready to advance to level 2. These classes should be challenging and fun for all students ready to advance.

As a reminder, if your child does not advance, that does not mean they are not learning and getting better all the time. Dance students will not advance in the same way as other programs at MSC due to the nature of our department. Also, please note that if your student passes for advancement but cannot attend the level 2 class, level 1 classes can easily be modified to continue to challenge your student.

### Ballet

- Forward Bend/Pike stretch (within 6 in)
- Right and Left splits prep (within 6 in)
- 1<sup>st</sup> position Releve (5 sec)
- 5 Positions with arms
- Battement Devant and Arabesque
- Bourree
- Glissade
- Changement
- Grande Echappe
- Tendu en croix (both feet)
- Ron de jamb (both ways, both feet)
- Pirouette Prep
- Chasse Switch
- Grand Jete
- Chaîne with spotting

### Jazz

- Forward Bend/Pike stretch (within 6 in)
- Right and Left splits prep (within 6 in)
- Parallel Releve (5 sec)
- Isolations (head, shoulders, ribs, hips)
- Grapevine (on toes at speed)
- Pivot Turn
- Pirouette Prep
- Battement Devant and Arabesque
- Chaîne with spotting
- Chasse Switch
- Grand Jete
- Jazz Square
- Cross Touch with arms
- 3-step turn

### Acrobatics

- Forward Bend/Pike stretch (within 6 in)
- Right and Left splits prep (within 6 in)
- Push-ups (10)
- Sit Ups (10)
- King Cobra pose (within 6 in)
- Baby Scorpion Hold (5 sec)
- Forward Roll
- Backward Roll
- Handstand (correct posture)
- Cartwheel Right and Left
- Crabwalk length of mat
- Bridge (10 sec)
- Teddy bear stand
- Shoulderstand with hands as support

#### BEHAVIORAL CONSIDERATIONS

There are some less easily quantifiable skills that are also important for dancers. Higher level classes will have higher standards for behavior and focus, which means that we will also be taking the following into account for advancement:

- Ability to follow directions
- Focus level
- Work Ethic
- Investment in remembering and practicing